

CLICK anywhere in this email to visit our website
for more information or call our office at
717-920-9515

WYRec
West Shore
Recreation Commission

Active WELLNESS

[Aerobic Dance](#)

[Ballroom Dancing Fun for Beginners](#)

[Belly Dance](#)

[Booty Barre with Dance Moves](#)

[Booty Barre Retro Conditioning](#)

[Box \(Bring on the eXtreme\)](#)

[Cardio Step](#)

[Happiest Hour Yoga](#)

[Hatha Flow Yoga \(Evenings\)](#)

[Hatha Flow Yoga \(Mornings\)](#)

[Kickboxing & Abs](#)

[Muscle Pump Cardio Pumping & Abs](#)

[Muscle Pump Senior Pump](#)

[Pilates \(All Levels\)](#)

[Zumba Toning & Abs](#)

[Zumba Step](#)

KIDS NIGHT
Includes: Lego Building, Pizza Dinner, Games,
Fun with Friends! Better than a Sitter!

[HallowSTEAM](#)

Snapology

[ThankSTEAMing](#)

[STEAMing through the Holidays](#)

AFTER SCHOOL STEAM CLUBS

Grades K - 4

[Fishing Creek ES](#)

[Highland ES](#)

[Red Mill ES](#)

[Hillside ES](#)

[Rossmoyne ES](#)

[CI - Washington Hgts](#)



TIGER ROCK MARTIAL ARTS FOR THE WHOLE FAMILY

Adults, Youth, Juniors and Kids

[Martial Arts for All Ages](#)



Just For Kids



[Babysitting Certification](#)

[Kinderdance, Kinder Gym & Kinder Tots](#)

[Youth Art Fun \(Age 4-6\) Evenings](#)

[Youth Art Fun \(Grades 2-4\) After-School](#)

[Youth Art Fun \(ages 6-10\)](#)

[Youth Equine - Youth Horsemanship](#)

[Youth Equine - Pony Rides](#)

**MINI STEAM CLUBS
FOR THE HOLIDAYS
(NO SCHOOL DAY)**
[Challenge Island Mini Steam Camp](#)